

# 2024 WORLD BIPOLAR DAY



Celebrating Vincent Van Gogh's Birthday **MARCH 30**

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## HOW TO MAKE YOUR OWN BUBBLES!

Make your own bubble makers from ingredients in your own home!

### DIY Bubble Mix

#### INGREDIENTS

2 cups Dishwashing Liquid

1 cup Water

1 tsp Glycerine or Cooking Oil

#### METHOD

In a large jar, container, bucket or bowl pour your dishwashing liquid in.

Add in the water so it's a strong mix and give it a stir.

Add 1 tablespoon of glycerine or cooking oil - It makes the bubbles less likely to burst! And VOILA your bubble mix is done!

### DIY Bubble Wand

You can use just about anything to make a bubble wand, but start with these ideas and have fun experimenting later.

#### Plastic cup:

Punch a hole in the bottom to blow through. Dip the large open end into the solution and blow.

#### Plastic soft drink bottles:

Cut the bottom of the bottle and dip. Blow into the bottle top to make your magnificent bubbles

#### Pipe cleaners:

The beauty of this one is that you can create just about any shape you like from a pipe cleaner. Just make sure you keep a section as a handle!

#### Plastic funnel:

Using the large end to dip and the small end to blow! Too easy!

#### Drinking straws:

Dip one end in and blow through the other! These should be small, but fast owing bubbles. Why not bunch some together and see how many you can get at once!

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