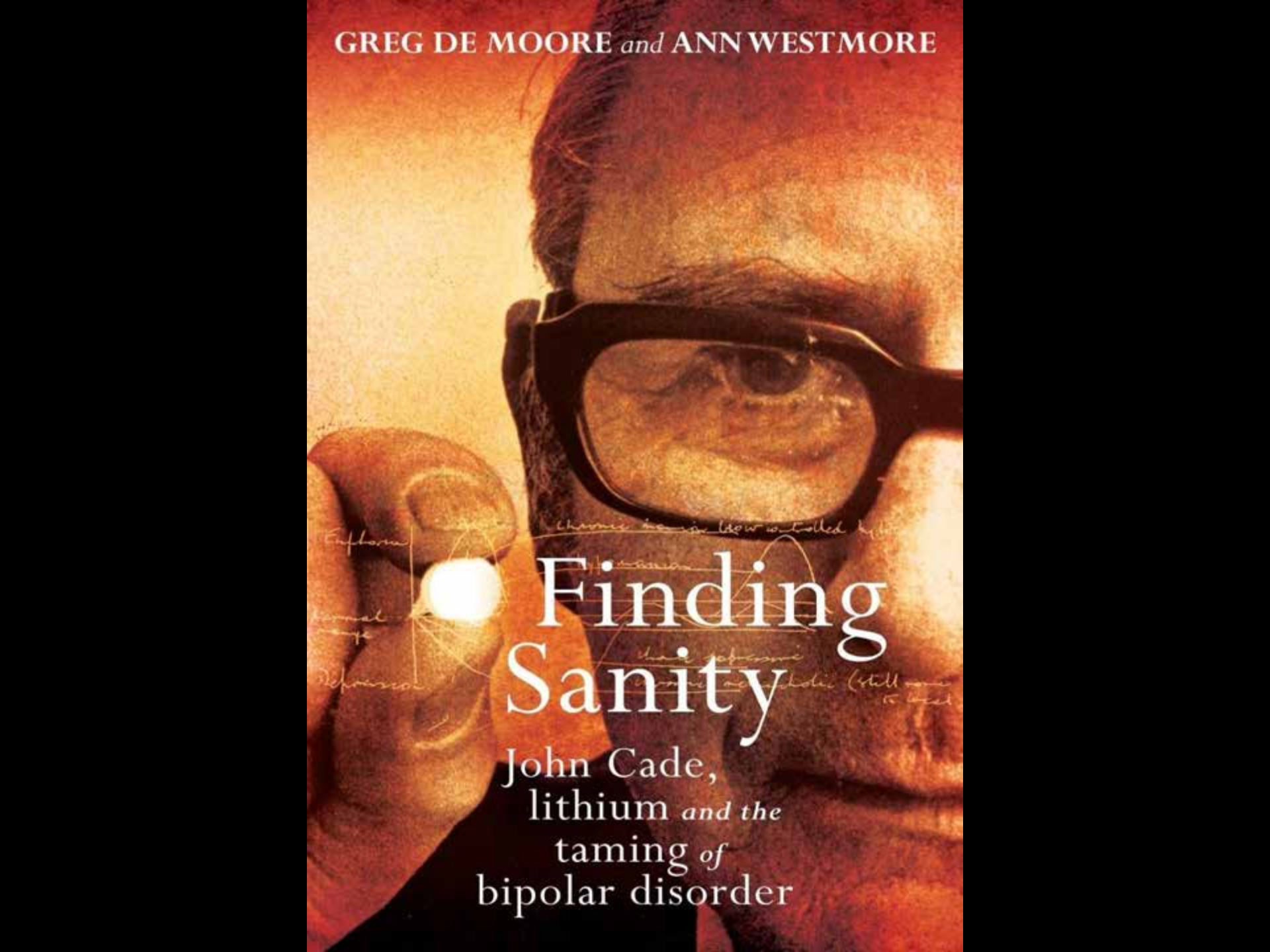




GREG DE MOORE *and* ANN WESTMORE



# Finding Sanity

John Cade,  
lithium *and* the  
taming of  
bipolar disorder

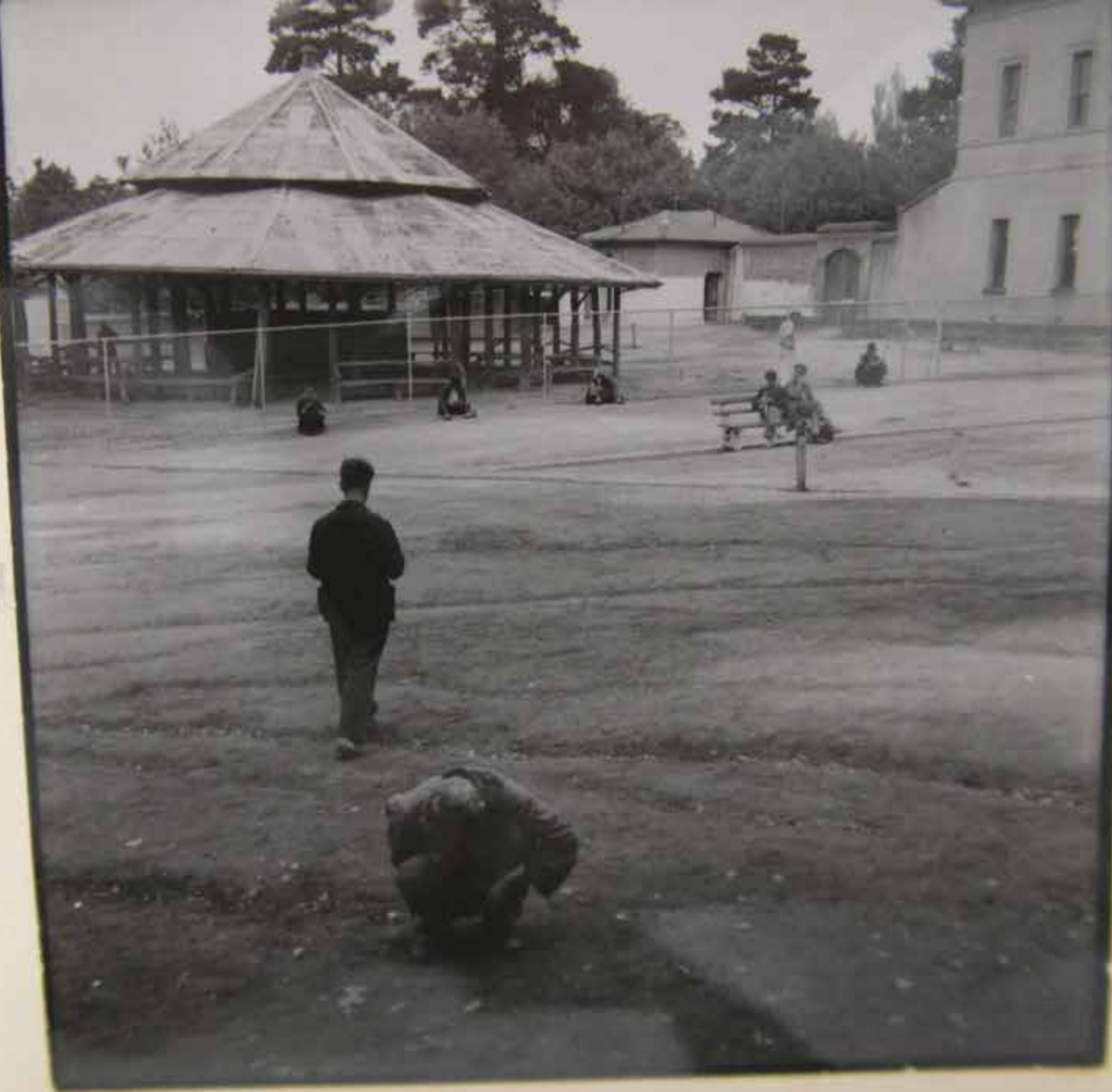
# John Cade

Lithium and the taming of  
Bipolar Disorder

An Australian Story















W. H. BRAND, aet. 51.

Chronic mania of about 5 yrs duration. Fair but temporary improvement after E.C.T. 2 yrs ago. Since Nov. 46 has completely reverted to his usual state - noisy, restless, untidy & mischievous.

29/3/48. Commenced lithium citrate mixture gr. x tds. after a few days increased to gr. xx tds & then for a few days to gr. ~~xx~~ xl tds - commenced to vomit & ep nocturnal enuresis. Mental state improving. Dosage reduced & still sensitive so discontinued & replaced with capsules of  $\text{Li}_2\text{CO}_3$  gr. v. b.d.

5/5/48. Has been in 17 ward for about 10 days and after steadily settling down, now has appeared perfectly normal both to my observation & that of his relatives for over a week. Continues on  $\text{Li}_2\text{CO}_3$  gr. v b.d. in capsules.

14/5/48. Continues well. 20/5/48. Continues well.

29/5/48. A little unsettled today. Discontented that he has not been able to go home (housing difficulty).  $\text{Li}_2\text{CO}_3$  inc. to gr. x tds.

30/5/48. Settled down again.

3/6/48.  $\text{Li}_2\text{CO}_3$  reduced to gr. v tds. Well. 7/6/48 Well.









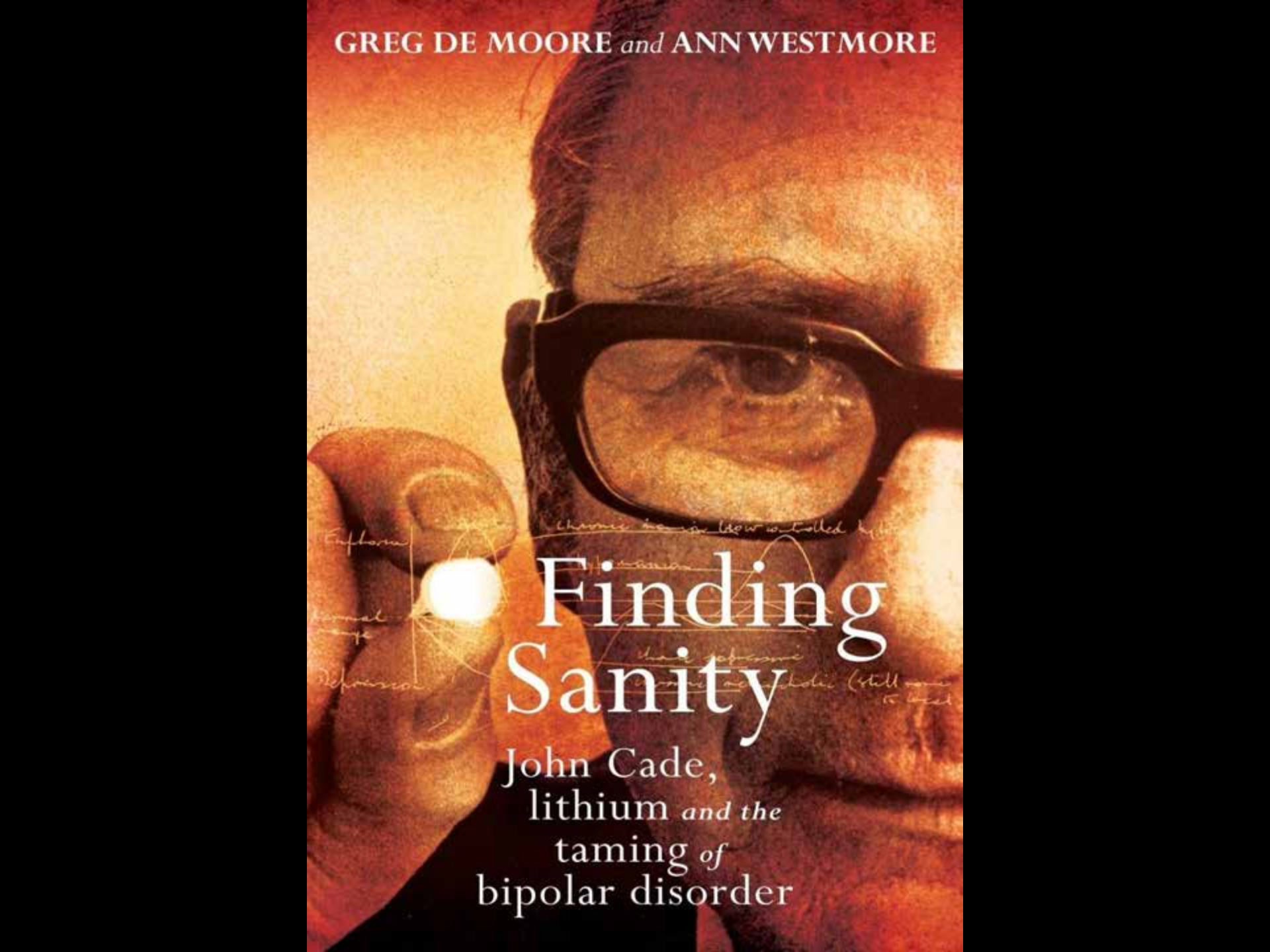








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